

Cornwall Public Library

Presents

OVERCOMING DYSLEXIA & ADHD

through a Brain-Body Approach.

Presented in partnership with Lorraine Driscoll,
Elementary Teacher & Nutritionist.

LEARN ABOUT:

- * **HOW** dyslexics read from a different area of their brain and how this can be corrected through brain plasticity interventions.
- * **CAUSES** of dyslexia and why our modern lifestyle and changes in our diet have contributed to the rise in dyslexia, ADHD and dyspraxia.
- * **'INSTABILITY' AND 'ECCENTRICITY'** in the eye, which goes undetected on eye exams, but can contribute to dyslexia and dysgraphia.
- * **HOW** nutritional deficiencies, food dyes, preservatives and brain allergies can cause letter reversals, dysgraphia, hyperactivity as well as explosive behaviour.

About Lorraine:

Lorraine Driscoll holds a Masters of Science in Teaching degree and has been an elementary school teacher for over a decade. Unable to deny the link between nutrition, brain health and learning challenges, Lorraine furthered her education as a Registered Nutritionist in 2005 and in Neuro-Linguistic Programming in 2015.



TUESDAY, JUNE 20, 2017

7 p.m. to 8 p.m.



This program is free, the information, invaluable.

Reserve your spot now
at the Information Services Desk .