

## HIGHLIGHTS OF WHAT'S HAPPENING AT THE LIBRARY IN THE NEXT FEW WEEKS!

MANY MORE programs are listed on our website calendar. Go to [www.library.cornwall.on.ca](http://www.library.cornwall.on.ca) and click our calendar tab for all details. All events listed below are taking place at the Cornwall Public Library. Library reservations can be made in person or by phone at 613-932-4796.

### GIRL SPOKEN - SASS'S AFTER SCHOOL WORKSHOP

Girl Spoken uses creativity, art, and self-expression to explore issues facing young girls, including: - identity - body image - healthy relationships - effective communication.

Tuesdays, November 6,13,20,27, & December 4 & 11 2:45 - 4:15pm

Registration required with SASS. 613-932-1755 ext. 27 or [volunteer@sassforwomen.ca](mailto:volunteer@sassforwomen.ca)

### NANOWRIMO

**30 days, 50,000 words.**

Join over 400,000 authors worldwide as we scramble to put words to the page. Whether this is your first novel or your fiftieth. November promises to be the month you finally write the novel of your heart.

**November 6,13,20,24 & 27. Drop-in.**

### LEAH LINDEMAN'S "WISPS OF GOLD" LOCAL AUTHOR BOOK LAUNCH

**November 17. Reserve your spot with the library.**

### CLARIPAN-DUO LIVE MUSICAL TRIBUTE OF POPULAR SONGS FROM THE FIRST WORLD WAR 1914 - 1918

In commemoration of the 100<sup>th</sup> anniversary of the signature that ended the First World War, Nov. 11<sup>th</sup>, 1918.

**2pm on Sunday, November 18<sup>th</sup>. Cornwall Public Library.**

**Limited seating available. Reserve your spot at the library or phone us at 613-932-4796.**

### SASS'S FILM PRESENTATION " A BETTER MAN "

**A BETTER MAN** offers a fresh and nuanced look at the healing and revelation that can happen for everyone involved when men take responsibility for their abuse. It also empowers audience members to play new roles in challenging domestic violence, whether it's in their own relationships or as part of a broader movement for social change.

**November 21. Drop-in.**

**CANADIAN MENTAL HEALTH ASSOCIATION PRESENTS  
MEN'S MENTAL HEALTH.**

This workshop session will be designed around issues affecting men's mental health; stigma; the interaction between mental and physical health, how men manage stress, substance use, depression & suicide including guest speaker testimonials and Q&A.

Get your tickets at Eventbrite to be used for the Door Prize of \$100 Visa Gift Card. Bring a friend & receive Double tickets at the door. Door Prize sponsored by the Suicide Prevention Coalition of Champlain East [www.reachoutnow.ca](http://www.reachoutnow.ca)

**November 28th from 6:30pm-8:00pm Cornwall Public Library**  
**Register online at Eventbrite. For more information call Angele at CMHA, 613-933-5845 ext. 241**

**DISCOVER THE CITY OF CORNWALL'S 'NEW' WEBSITE  
DEMO SESSIONS @ 10 am, 3 pm & 6:30 pm**

**November 29**

**Drop-in. at Cornwall Public Library. Program rooms.**

**DYNAMIC MEDITATION" with Janice Pollard**

Find inner peace.

**December 1" starting @ 10 a.m.**

**Register at the Information Services Desk or call 613-932-4796.**

**PHOTOS WITH SANTA.**

Cornwall public library presents...

A community partnership program with the Carrière family.

Free photos. Call the children's department for details.

**Saturday, December 1 - 10 to 12 a.m.**

**BALDWIN HOUSE PRESENTS  
POLYTECHNIQUE REMEMBRANCE.**

Join us on December 6th in memory of the Polytechnique Massacre. 29 years ago, 14 women lost their lives in a heinous act of gender-based violence. We have not forgotten. We will say their names and remember that Violence Against Women in Canada is still a very real and prevalent issue. During this evening, a viewing of the film Polytechnique will be shown, followed by a guided discussion hosted by Danielle MacNeil from Maison Baldwin House regarding the issues of gender-based violence in our communities. **Dec 6 at 6:30 pm. Film and discussion. Free.**